

Over the years, the governmental guidelines regarding procedure codes for psychiatric care has become more complex. Procedure codes and associated fees are determined by the intensity of the presenting problem and the specific nature of the service provided. The duration of a session is only one factor that determines the procedure code and the associated fee. As a result, I am not able to specify the precise fee that will be applied for a session. Still, I can provide a general range of my fee structure below. Even though the fees may vary because of the intensity of presenting concerns, and the complexity and duration of the service required, for the most part, charges for evaluation and treatment sessions will fall within the ranges listed.

Initial Evaluation, \$1800

Follow up consultations for medication management (typically 25-30 minutes sessions, occur monthly to every three months), \$300

Follow up consultations with psychotherapy (typically 50-minutes sessions, occur weekly or every other week), \$330

Follow up consultations for comprehensive monitoring of psychiatric treatment (typically 50-55 minutes sessions, occur monthly to every three months), \$400

Patients and families may often be able to submit medical bills to their insurance carrier for reimbursement. Whether the insurance carrier will provide any reimbursement is determined by presence of out-of-network coverage through the individual policy. When available, the rate of this reimbursement also varies. Each insurance carrier has their own fee schedule, which is determined by complex calculations. Their fee schedule is shaped by not only the severity of the presenting problem, the type of procedure and its duration, but also other factors such as geographical location of the service provided, the specialty of the provider and other factors.

Thus, the rate of reimbursement varies among insurance carriers. Furthermore, these vary even within the same carrier, where it is not uncommon for two different people with same insurance carrier receiving different amounts of reimbursements based on their out-of-network coverage offered through their individual policies. Therefore, it is not possible to calculate the exact amount of reimbursement. Contacting the insurance carrier for an estimate of available coverage would be the safest approach for most efficient financial planning. During that contact, insurance carrier representative will likely ask for the procedure codes, which often include the following:

For initial consultation, 99205, with 99417 add on code.

For follow up consultations, 99213, 99214 or 99215 with add on codes 90833, 90836 or 90838.

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